May 2010

AHSAA UPDATE

STEVE SAVARESE EXECUTIVE DIRECTOR

Bama's Saban, Butler's Stevens To Headline All-Star Sports Week

For the second straight year, the Alabama High School Athletic Directors and Coaches Association has secured the NCAA's defending national championship football coach as its keynote speaker for All-Star Sports Week set for July 12-16 at Huntsville's Von Braun Center.



Alabama head football coach Nick Saban will speak to state's coaches at All-Star Sports Week in July.

.University of Alabama head football coach Nick Saban will be the featured speaker at the annual All-Star Sports Week Coaches School on Thursday, July 15. Saban, who guided the Crimson Tide to a perfect 14-0 record and the 2009 National Championship last season, will speak from 10 to 11:45 a.m. at the Coaches School annually attended by approximately 2,500 high school coaches from across the state. Last year's keynote speaker was Urban Meyer of the University of Florida, the 2008 National Champions.

This year, however, AHSADCA Director Steve Bailey went one step further – signing on Butler University head men's basketball coach Brad Stevens as the keynote speaker for the state's prep basketball coaches. Stevens, who led Butler to the school's first-ever Final Four Championship Game appearance this past season, is, like



Butler University Coach Brad Stevens is also set to speak at All-Star Sports Week.

See All-Star Sports Week, Page 3

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Team Photos Now Due For Program

Softball and baseball teams still participating in the AHSAA state playoffs are required to submit a team photo (jpeg format) and updated tournament roster immediately to program coordinator Dennis Victory.

Rosters should include player numbers, positions and year in school. Email ASAP to:

dv@dennisvictory.com and ringram@ahsaa.com These must be received by May 7 to insure inclusion into the state championship programs.

<u>At April Meeting</u> Central Board Addresses Many Key Issues

Several key items were addressed at the April meetings of the AHSAA Central Board of Control and AHSAA Legislative Council that will certainly help shape the future of the Alabama High School Athletic Association.

For starters, the Central Board approved the financial reports for the state football and basketball playoffs which now sets the stage for the new revenue



EXECUTIVE DIRECTOR

sharing program that provide each school in the AH-SAA with some much-needed additional funding.

They also approved the Revenue Sharing Formula that has a two percent differential between the classes. Percentages were also set for non-football playing schools with at least five girls and five boys sports, non-football playing schools with less than five girls and five boys sports, and for schools holding membership for five years or less.

We have had a good year financially, thanks in major part to the schools and to our corporate partners. We all should thank our corporate partners every chance we get.

Without them we would not be able to hold our championships in such exciting venues. The positive memories that are being created for our students, coaches, schools and communities are immeasurable.

The Board approved the football audit that showed \$1.85 million divided among participating schools. The Final 48 financial report was also approved. It showed an increased payout of \$118,000, up from the \$61,000 received in 2008. The Wrestling state tournament financial report also had a 70 percent payout increase to schools. The Central Board also voted to approve three key policies which should help better insure the safety and well-being of student-athletes. Those include:

A Concussion Policy that includes a mandated online educational course for coaches was approved and two proposals were passed by the Legislative Council. Under the AHSAA policy, a student removed from a contest because of signs or symptoms of a concussion may not return to play until a release is issued by a medical doctor. This policy is more restrictive than the National Federation rule that allows "an appropriate health-care professional" to clear an athlete for play.

The Central Board also approved a Championship Play Interruption Policy which now gives specific guidelines for the AHSAA when circumstances beyond the control of the AHSAA may interrupt our events. The final policy adopted was the Intravenous (IV) Fluid Use Policy, which prohibits IVs for any reason other than medical emergencies.

The Legislative Council passed two proposals that had been submitted through the AHSAA's proposal process

We have had a good year financially, thanks in major part to the schools and to our corporate partners. We all should thank our corporate partners every chance we get... **Steve Savarese**

for this school year. The first proposal passed by a 28-4 vote permits a high school coach to coach his/her child or children during the school year and summer break (including the seven competition days allowed). Other players from the coach's school would be excluded except during the allotted seven days of summer competition. The Council also approved by a 22-10 vote to allow 10 days of football practice in a 20-day period, an increase of five days. Both are very positive moves. The Central Board selected officers for the upcoming 2010-11 school year with Mobile's Ed Lathan re-elected president and Luke Hallmark of Marengo County, vicepresident.

<u>Continued from Page 1</u> Saban, Stevens To Address AHSAA Coaches

Saban, one of the most sought-after college coaches in the nation. Stevens will address the AHSADCA's coaches from 2 to 3 p.m. on the same day as Saban July 15.

"The Alabama High School Athletic Directors and Coaches Association is extremely honored and excited about having two nationally-known clinicians of this caliber (speak to our coaches)," Bailey said. "Coach Saban and Coach Stevens are two of the best in their fields as evidenced by their recent National Championship participation.

"Our clinic committees continue to secure the best and brightest speakers for All-Star Sports Week, and we thank them for their hard work."

STEVENS BECOMES YOUNGEST COACH EVER TO REACH D-1 FINALS

Stevens, who turns 34 in October, grew up in Zionsville, Indiana, where he starred in basketball at Zionsville Community High School. He then attended DePauw University where he continued his basketball-playing career and earned a degree in economics. He was an All-Conference selection as a collegiate player and a three-time Academic All-America nominee.

He joined the Butler staff in 2000 as a volunteer coach, was promoted to a full-time assistant position in 2001 and became head coach in 2007.

In his first year he led the Indianapolis school to 30 wins – becoming the youngest head coach in NCAA Division I-A history to do so. In 2010, in just his third season, he exceeded that mark while leading Butler to the NCAA finals. Stevens won more games in his first three seasons as a head coach than any other coach in NCAA Division I history.

At 33 years old, Stevens became the secondyoungest head coach to reach the NCAA National Championship game, losing 61-59 to Duke. Following the season, he signed a contract extension with Butler that runs through 2021-22 season. At his young age, he is now being called a coaching prodigy – drawing comparisons to another former Indiana high school star named John Wooden.

SABAN RESTORED CRIMSON TIDE TO NATIONAL PROMINENCE

Saban, considered by many as the top collegiate coach in the game today, is understandably drawing comparisons to another coaching legend – Paul "Bear" Bryant.

Saban has returned to Alabama football a commitment to building the total program.

His uncompromising dedication to excellence in every phase of the football program is sure to yield long-term success for the Crimson Tide as evidenced by Alabama's improvement in year No. 2. A two-time National Coach of the Year, Saban has achieved resounding success as a head coach and has earned a reputation as an outstanding tactician, leader, organizer and motivator. Those qualities have sparked impressive turnarounds at every stop of his career.

Named the 27th head football coach in UA history on Wednesday, Jan. 3, 2007, Saban owns an overall record of 125-67-1 (.650) in 15 seasons as a head coach. He has also guided programs at Louisiana State (LSU), Michigan State and Toledo as well as in the NFL with the Miami Dolphins. At each of his five stops, he has improved the win-loss record in his first year when compared to the previous season. Prior to Saban's arrival, those teams posted a combined average winning percentage of .387. In the first season with Saban at the helm, a .617 winning percentage was achieved.

Saban has compiled a 110-50-1 (.686) record as a college head coach after completing his first two seasons at The University of Alabama. His first UA team finished 7-6 in 2007, but the 2008 season saw a different Alabama squad take the field as the Tide improved to 12-2, including 12-0 in the regular season.

A native of Fairmont, W.Va., Saban is a 1973 graduate of Kent State University.

All-Star Sports Week To Host 8 All-Star Contests

All-Star Sports Week has also lined up several other outstanding clinicians including SEC baseball coaching legend **Ron Polk**, now an assistant at UAB. Polk

will address the AHSADCA's baseball coaches on practice organization, Tuesday, July 13.

Other keynote speakers include:

• Murry Bartow, East Tennessee State University (Basketball)

• Jim Sanderson, Faulkner University (Basketball)

• Billy Kennedy, Murray State University (Basketball)

• Sharon Fanning-Otis, Mississippi State University (Basketball)

• Mark Fox, University of Georgia (Basketball)

• Mike DuBose, former UA head coach now at Memphis (Football)

• Tracy Rocker, Auburn Univerity (Football)

• Trooper Taylor, Auburn University (Football)

• Jeremy Pruitt, University of Alabama (Football)

• Mike Markuson, Ole Miss (Football)

• Jeremy Rowell, Troy University (Football)

• Mike Turk, Huntingdon College Head Coach (Football)

• Andre Powell, Clemson University (Football)

• Stephanie VanBrakle, Birminham-Southern (Softball)

• John Cohen, Mississippi State (Baseball)

• David Langston, Northwest Shoals Community College (Baseball)

Will Atkinson, West Alabama (Softball)

• Kevin Stephen, Southern Mississippi (Track and Field)

• Peggy Martin, Spring Hill College (Volleyball)

• J.D. Kyzer, Tennessee-Chattanooga (Soccer)

Heath Eslinger, Tennessee-Chattanooga (Wrestling)

Bryan Karkoska, Auburn University (Swimming)

• Dr. James Robinson, Dr. Bobby Agee, Marshall Smith

(Concussions)

• Dr. James Kelley, Apple, Inc. (Future Technology in Schools and Athletics)

• David McDowell, University of Alabama (Cheerleading)

Several top high school coaches will also be clinicians throughout the week in their respective sports.

All-Star Sports Week features AHSAA all-star competition in boys and girls soccer, boys and girls basketball, volleyball, softball, baseball and football as well as banquets recognizing schools for outstanding sportsman and recognizing coaches who won state championships during the 2009-10 school year..

Coaches can register on line at www.ahsaa.com by going to the AHSADCA link on the front page.

The All-Star Week contest schedule includes: Girls Soccer, Monday, July 12, 5 p.m. Boys Soccer, Monday, July 12, 7 p.m. Baseball, Tuesday, July 13, 4 p.m. Softball, Wednesday, July 13, 4 p.m. Volleyball, Thursday, July 14, 6 p.m. Girls Basketball, Thursday, July 15, 6 p.m. Boys Basketball, Thursday, July 15, 8 p.m.

Football, Friday, July 16, 7 p.m.

Hartselle's Bob Godsey to coach North All-Stars in July.





Ron Polk

Making AHSAA News

Booth Captures 800th

Baseball Victory In Playoffs

Hartselle High School's legendary head baseball coach William Booth recently became the first prep baseball coach in the AHSAA to record 800 wins when his defending Class 5A state champion Tigers downed East Limestone in the first round of the state playoffs.

Booth's team, which went 50-9 to set a state record for wins in a season in 2009 en route to the 5A crown, will be hosting the Class 5A semifinal round May 7-8 at Hartselle against Southside-Gadsden. Booth is now at 805 career wins and counting.

10 Schools To Receive Dr. Lemak Award Grants

Ten AHSAA-member high schools have been selected as recipients of the 2010 Dr. Lawrence Lemak Award, a \$2,500 grant to each school based on need. A committee of Central Board members made the selections from 34 applications.

Schools selected were Ariton, Chilton County, Collinsville, Fayetteville, Florala, Jemison, Keith, Linden, G.W. Long and Slocomb. A total of \$25,000 has been distributed each year since 2008.

Six Students Chosen To Attend NFHS Leadership Conference In July

Six student-athletes were selected to represent the AHSAA at the allexpenses-paid NFHS National Student Leadership Conference sponsored by T-Mobile in Indianapolis this summer. A committee of Central Board members selected current juniors Adam Sport of Luverne, La'Jacqueline Morgan of Calera, Keyon Wallace of Childersburg, Phillip Dempsey of McGill-Toolen and current sophomores Leslie Parrish of Madison Academy and Nikki Moorer of Bayside Academy.

Raycom To Video AHSAA Championship Events

The AHSAA has entered into a media partnership with Raycom, which now has media streaming rights for championship events. Raycom has already been busy filming tennis and track state tournament action to be played back this week and archived at Raycom stations including WSFA TV (NBC 12) in Montgomery, Fox-TV 6 in Birmingham, TV-48 in Huntsville and TV 32 in Dothan.

Raycom will televise some soccer finals this weekend and will be in Montgomery next week for the baseball and softball state championships. A schedule of these events will be posted on line at <u>www.ahsaa.com</u> as soon as it is available.

High Schools Can Download The New Revised Physical Preparticipation Form

The Central Board approved a revised physical form at its April meeting.

The new Pre-participation Physical Evaluation Form, which was last revised in 1993, can be found at www.ahsaa.com's home page link under Member-School items.

Schools should use this form for physicals for the upcoming school year. Remember, all physicals are good for one calendar year.

ASU Acadome to Host JH/ Middle School Conference

The AHSAA Junior High/Middle School Conference will be hosted on Aug. 25 at Alabama State University's Acadome, as announced by AHSAA Associate Executive Director Joe Evans.

"This will give us plenty of space and is an outstanding venue for this meeting," Evans said.

Principals, coaches and other administrators are urged to pre-register for the annual meeting which focuses on athletic concerns at the middle and junior high level.

AHSAA Meets With Reclassification Committee

The AHSAA's Reclassification Committee, which is comprised of school administrators and coaches, met for the first time in April.

Members of the committee are Doug Estell, Alma Bryant; David Wofford, Baldwin County; Dr. Daniel Shakespeare, Andalusia; Scott Rials, Elba; Gary Hall, Carver-Montgomery; Dr. Larry DiChiara, Phenix City Schools; Jerome Tate, Loachapoka; Dickey Wright, Homewood; Van Phillips, Erwin; Trey Holladay, Oxford; H.L. Noah, Muscle Shoals; Alvin Briggs, Florence; Paul McAbee, Albertville; and Harold Wells, J.O. Johnson.

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AHSAA Crowns Boys and Girls Track And Field State Champions at Gulf Shores and Birmingham



Keenan Brock of Carver-Birmingham is shown crossing the finish line while setting a new Class 5A 200-meter dash record at 21.24 seconds. (Photo Courtesy of Dennis Victory, KDP Sports Photos)

AHSAA 2010 STATE TRACK CHAMPIONS

CLASS 1A GIRLS

100 m: Katelin Barber, Belgreen
200 m: Alex Gholston, RA Hubbard
400 m: Alex Gholston, RA Hubbard
800 m: Izzy Armstrong, Cedar Bluff
1600 m: Emily Davidson, Vina
3200 m: Emily Davidson, Vina
100-m H: Lisa Carter, RA Hubbard
300-m H: Katie Boone, Westminster
4x100 Relay: Cedar Bluff
4x400 Relay: Ala./Deaf
4x800 Relay: Meek
High Jump: McChelle Adams, Cedar Bluff
Pole Vault: Jessica Brannon, Cedar Bluff

12.34 **25.09 (Record) 56.64 (Record)** 2:35.73 5:52.00 13:04.64 17.42 46.90 53.48 4:33.15 11:20.32 4-08.00 7-00.00

Long Jump: Alex Gholston RA Hubbard	16-02.50
Triple Jump: McChelle Adams, Cedar Bluff	33-09.00
Shot Put: Brooke Davis, Belgreen	31-11.50
Discus: Deanna Hanks, Cedar Bluff	95-06.00
Javelin: McChelle Adams, Cedar Bluff	107-05.00
CHAMPION: Cedar Bluff, 164.0	
CLASS 2A GIRLS	
100 m: Sade Archie, Thorsby	12.74
200 m: Sade Archie, Thorsby	26.23
400 m: Morgan Campbell, Mobile Chr.	1:02.17

More Track Results on Page 7, 8

A total of 19 state records fell at the AHSAA 2010 State Track and Field Championships held at Gulf Shores (4A-5A-6A) and Birmingham-Southern College (1A-2A-3A) April 30-May 1.

It was certainly speed week for the runners as the overall boys 100-meter dash record fell at the Class 5A competition in Gulf Shores. Carver-Birmingham's Keenan Brock ran the 100 meters in 10.38 seconds in the prelims to best the mark set by Hazlewood's Pierre Goode in the 1986 Class 2A state meet at Troy. Brock then ran 10.37 in the finals on Saturday to break his own mark.

Brock also ran 21.24 seconds in the 200 to best the established record in that event. Jack Williams of Gardendale clocked 21.35 in 1985 to set the mark previously.

In the Class 6A boys 100-meter finals, Maudrecus Humphrey of Hoover also bested the 6A record of 10.48 seconds with a winning time of 10.43.

In all, nine girls state records were set and 10 boys records were broken. In Class 1A, Alex Gholson of R.A. Hubbard set new marks in the girls' 200 and 400 meters at 25.09 and 56.64 seconds, respectively. In the 4A competition, Kayla Stewart of Guntersville won the 100, 200 and 400-meter dashes respectively with a 4A record time of 11.98 in the 100.

AHSAA Crowns Track Champions in 216 Events



UMS-Wright's Claire Kennedy (right) is challenged by Brooks' Lorianna Lovelace in the 1,600-meter finals. Kennedy held on to win in a time of 5:24.73. Lovelace finished fourth.

Photo By Dennis Victory, KDP Sports Photos

16-02.25

34-08.00

35-09.75

127-09.00

127-01.00 Record

Class 2A Girls—Continued

800 m: Palee Myrex, Cold Springs 1600 m: Palee Myrex, Cold Springs 3200 m: Palee Myrex, Cold Springs 100-m H: Haven Albright, Lexington 300-m H: Simone Robertson, Vincent 4x100 Relay: Barbour County 4x400 Relay: Section 4x800 Relay: American Chr. High Jump: Megan Battles, Sand Rock Pole Vault: Carolyn Barnett, American Chr. Long Jump: Morgan Campbell, Mobile Chr. Triple Jump: Morgan Campbell, Mobile Chr. Shot Put: Chelsea Haggermaker, Clements **Discus: Kristin Brining, Mobile Christian** Javelin: Lacy Barger, Cold Springs **CHAMPION: American Christian, 103.50**

CLASS 3A GIRLS

100 m: Tamia Richardson, Daleville
200 m: Lauren Moody, LaFayette
400 m: Maggie Buell, Randolph
800 m: Sarah Eckinger, Altamont
1600 m: Karisa Nelson, TR Miller
3200 m: Karisa Nelson, TR Miller
100-m H: Alona Melendez, Bayside
300-m H: Alona Melendez, Bayside
4x100 Relay: Daleville
4x400 Relay: Altamont
4x800 Relay: TR Miller
High Jump: Alona Melendez, Bayside
Pole Vault: Drake McGowin, Montgomery Ac..

5:27.74 12:04.78 17.20 50.76 52.63 4:28.51 10:54.32 5-00.00 8-06.00 16-00.50 34-04.50 33-04.75 **126-00.00 (Record)**

132-02.00

2:23.13

12.65 26.27 1:00.95 2:22.49 **5:13.77 (Record)** 11:38.59 16.65 47.69 50.68 4:16.82 10:22.24 5-00.00 9-00.00 Long Jump: Jerika Russell, Sheffield Triple Jump: Whitley Towns, Sardis Shot Put: Shelby Builta, Bayside Discus: Shelby Builta, Bayside Javelin: Shelby Builta, Bayside CHAMPION: T.R. Miller, 114.0

CLASS 4A GIRLS

100 m: Kayla Stewart, Guntersville 11.98 (Record) 200 m: Kayla Stewart, Guntersville 25.59 1:00.48 400 m: Kayla Stewart, Guntersville 800 m: Katheryn Lazarchick, UMS-Wright 2:25.56 1600 m: Claire Kennedy, UMS-Wright 5:24.73 3200 m: Claire Kennedy, UMS-Wright 11:58.54 100-m H: Raven Stewart, Guntersville 14.84 300-m H: Kayla Stewart, Guntersville 47.08 4x100 Relay: Anniston 50.82 (prelim time) 4x400 Relay: UMS-Wright 4:19.23 4x800 Relay: UMS-Wright 10:20.50 High Jump: Olivia Bauman, Brooks 4-10.00 Pole Vault: Alex Reaves, UMS-Wright 10:06 (Record) Long Jump: Raven Stewart, Guntersville 18-01.00 36-08.50 Triple Jump: Raven Stewart, Guntersville 35-09.25 Shot Put: Joy Sanders, St. Clair Co. Discus: Taylor Prince, Guntersville 108.04.50 Javelin: Win Woodson, St. James 110-06.00 CHAMPION: UMS-Wright, 155.0

Track winners, continued on Page 8

(Record)

(Record)

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Track Champions — continued

CLASS 5A GIRLS

100 m: Adria Hill, Scottsboro	12.05
200 m: Adria Hill, Scottsboro	25.06
400 m: Laveeta Bellamy, Beauregard	59.90
800 m: Kimari Martin, JO Johnson	2:25.76
1600 m: Margaret Harkness, St. Paul's	5:19.96
3200 m: Margaret Harkness, St. Paul's	11:39.88
100-m H: Lacey Dent, St. Paul's	14.23 (Red
300-m H: Lacey Dent, St. Paul's	45.18
4x100 Relay: Scottsboro	47.95 (Red
4x400 Relay: Parker	4:08.04
4x800 Relay: St. Paul's	10:07.18
High Jump: Katherine White, St. Paul's	5-04.00
Pole Vault: Chanel Krause, St. Paul's	11-00.00
Long Jump: Lacey Dent, St. Paul's	19-00.00
Triple Jump: Lacey Dent, St. Paul's	38-04.25
Shot Put: Meghan McCarrick, John Carroll	33-05.75
Discus: Emily Brett, Gulf Shores	99-10.50
Javelin: Breanna Sims, Boaz	115-02.00
CHAMPION: St. Paul's, 138.0	

CLASS 6A GIRLS

100 m: Tiarra Pritchett, Bob Jones	11.87
200 m: Morganne Phillips, Shades Valley	24.49
400 m: Morganne Phillips, Shades Valley	55.86
800 m: Marie Demedicis, Mountain Brook	2:16.54
1600 m: Carmen Carlos, McGill-Toolen	5:05.49
3200 m: Carmen Carlos, McGill-Toolen	11:01.33
100-m H: Jessica Shelley, Hoover	14.35
300-m H: Chalandra Gooden, Hoover	45.01
4x100 Relay: Murphy	48.15
4x400 Relay: Mountain Brook	3:59.53
4x800 Relay: Mountain Brook	9:45.70
High Jump: Brionne Williams, Hoover	5-06.00
Pole Vault: Nura Hussein, Northridge	11-00.00
Long Jump: Desni Scaife, Auburn	17-11.00
Triple Jump: Kendra Gipson, Northridge	37-01.75
Shot Put: Jessica Allen, Paul Bryant	38-05.25
Discus: Berta Amelinaite, Huntsville	122-10.00
Javelin: Maryashton Nall, Auburn	113-10.00
CHAMPION: Hoover, 111.50	

CLASS 1A BOYS

100 m: Rontavis Dinkins, Loachapoka	11.25
200 m: Anthony Jones-Robinson, Ala/Deaf	22.44
400 m: Anthony Jones-Robinson, Ala/Deaf	50.97
800 m: Tony McGinnis, Cedar Bluff	2:04.74
1600 m: Trey Gordon, Ala/Deaf	4:47.23
3200 m: Trey Gordon, Ala/Deaf	10:29.64
110-m H: Milton Anthony, Linden	16.12
300-m H: David Hyde, Phillips	41.81
4x100 Relay: Linden	45.73
4x400 Relay: Ala./Deaf	3:34.90
4x800 Relay: Cedar Bluff	8:53.73



Cold Springs' Nathan Lewis won three state titles in the 2A competition at Birmingham-Southern. He is shown here setting a new 2A state record in the 3,200 meters with a winning time of 9:52.01. Lewis helped the Panthers finish second overall with wins in the 400 and 800 as well.

(Photo By Todd Thompson, Hartselle Enquirer)

High Jump: Milton Anthony, Linden	6-02.00
Pole Vault: Tony McGinnis, Cedar Bluff	11-00.00
Long Jump: Josh Snow, Ala/Deaf	20-06.00
Triple Jump: Barcardi McClendon, Winterboro	43-01.25
Shot Put: Octavis Harris, Billingsley	44-03.50
Discus: David Carrell, Westminster	123-00.00
Javelin: Jared Bogle, Gaston	162-01.00
CHAMPION: Cedar Bluff, 141.50	

Boys Class 2A-6A Track Winners listed on page 9

Track Champs — continued

CLASS 2A BOYS		High Jump: Jason Vaughn, Corner	6-02.00
100 m: Nelson Robinson, Reeltown	11.69	Pole Vault: Chasson Farnell, UMS-Wright	12-06.00
200 m: James Harris, Lanett	22.37	Long Jump: Khiary Hill, BC Rain	23-03.50
400 m: James Harris, Lanett	49.94	Triple Jump: Bob Elliott, WS Neal	45-10.00
800 m: Nathan Lewis, Cold Springs	2:04.09	Shot Put: Sidney Jordan, UMS-Wright	54-00.50
1600 m: Nathan Lewis, Cold Springs	4:29.31	Discus: Sidney Jordan, UMS-Wright	134-10.00
3200 m: Nathan Lewis, Cold Springs	9:52.01 (Record)	Javelin: Fabian Garrett, Childersburg	188-01.00 (Record)
110-m H: Willie McKenzie, Reeltown	16.49	CHAMPION: UMS-Wright, 127.0	
300-m H: Taylor Hardy, Mobile Chr.	43.08		
4x100 Relay: Lanett	44.50	CLASS 5A BOYS	
4x400 Relay: St Jude	3:34.86	100 m: Keenan Brock, Carver-Bham	10.37 (Record)
4x800 Relay: Cold Springs	8:34.03	200 m: Keenan Brock, Carver-Bham	21.24 (Record)
High Jump: James Harris, Lanett	6-04.00	400 m: Drew Phillips, Boaz	48.58
Pole Vault: Dylan Kyle, Falkville	11-00.00	800 m: Andre Harris, Walker	1:59.54
Long Jump: Trent Beavers, Lexington	21-05.50	1600 m: Brett Hanke, Spanish Fort	4:27.12
Triple Jump: Quinn Nalls, Lanett	40-10.00	3200 m: Stuart Graham, St. Paul's	9:57.39
Shot Put: Demetrice Goree, Francis Marion	46-00.75	110-m H: Devonta Staples, Valley	14.53
	137-06.00	300-m H: Tevin Barnett, Muscle Shoals	40.65
Discus: Austin Haigler, Isabella	157-06.00	4x100 Relay: Mortimer Jordan	42.85
Javelin: Levi Moss, Clements	157-06.00	4x400 Relay: Boaz	3:29.31
CHAMPION: Lanett, 121.00		4x800 Relay: Spanish Fort	8:17.57
		High Jump: Mikeal Hicks, Pleasant Grove	6-02.00
CLASS 3A BOYS		Pole Vault: Michael Addison, Cullman	13-09.00
100 m: Azerie Lewis, Montgomery Acad.	11.23	Long Jump: Eliot Knotts, Lee-Huntsville	22-03.00
200 m: Azerie Lewis, Montgomery Acad.	22.49	Triple Jump: Keenan Brock, Carver-Bham	44-03.00
400 m: Reggie Nalls, Winfield	51.03	Shot Put: Chris Bourdreax, St. Paul's	52-05.50 (Record)
800 m: Stew Shoemaker, Bayside	1:57.75	Discus: Will Lester, St. Paul's	136-09.00
1600 m: Stew Shoemaker, Bayside	4:29.60	Javelin: Ethan Rich,Spanish Fort	170-10.00
3200 m: Brandon Nelson, TR Miller	10:04.23 CO-CHAMPS: Spanish Fort, and St. Paul's, 77.50		
110-m H: Dominic Walls, Winfield	14.87		
300-m H: Dominic Walls, Winfield	40.89	CLASS 6A BOYS	
4x100 Relay: Hanceville	44.25	100 m: Maudrecus Humphrey, Hoover	10.43 (Record)
4x400 Relay: Bayside Academy	3:26.05 (Record)	200 m: Corey Grant, Opelika	21.68
4x800 Relay: Randolph	8:34.01	400 m: Alex Walters, Tuscaloosa Co.	49.41
High Jump: Daniel Sheppard, White Plains	6-01.00	800 m: Bryan Propst, Hoover	1:58.04
Pole Vault: Dakota Shultz, TR Miller	12-06.00	1600 m: Bryan Propst, Hoover	4:22.92
Long Jump: Terez Lane, TR Miller	21-07.75	3200 m: Bryan Propst, Hoover	9:47.36
Triple Jump: Terez Lane, TR Miller	44-01.25	110-m H: Brandon Norwood, Murphy	14.07
Shot Put: Mitchell Reilly, Trinity	48-01.25	300-m H: Nick Beavers, Bob Jones	39.10
Discus: Connor Smith, Cottage Hill	138-00	4x100 Relay: Opelika	42.33
Javelin: Jarod Lenahan, Winfield	173-02 (Record)	4x400 Relay: Bob Jones	3:22.79
CHAMPION: T.R. Miller, 139.0	1.0.02 (4x800 Relay: Oak Mountain	8:04.57
		High Jump: Maudrecus Humphrey, Hoover Pole Vault: Nick Farrell, McGill-Toolen	6-04.00
CLASS 4A BOYS		-	14-06.00
100 m: Jamarcus Nelson, Midfield	10.49	Long Jump: Orlando Ezell, Opelika	24-03.00
200 m: Jamarcus Nelson, Midfield	21.76	Triple Jump: Joshua Sigler, Murphy Shot Put: Jordan Haynes, McGill-Toolen	48-06.50
400 m: Kelley Cuttrell, UMS-Wright	49.44		55-11.50
800 m: Richie Huettemann, UMS-Wright	1:57.32 (Record)	Discus: Joe Williams, Spain Park Javelin: Darian Craig, Davidson	166-00.00 190-08.00
1600 m: Kelley Cuttrell, UMS-Wright	4:39.76	Discus: Joe Williams, Spain Park	
3200 m: Dillon Hodge, Ashville	10:20.73	Javelin: Darian Craig, Davidson	166-00.0 190-08.0
110-m H: Jeremy Nicholson, WS Neal	10:20.75 14.23 (Record)	CHAMPION: Hoover, 125.0	190-00.0
300-m H: Dewayne Thompson, BC Rain	39.72	CHAMFIUN: HOUVEL, 123.0	
5 1 .	43.44		
4x100 Relay: BC Rain			
4x400 Relay: UMS-Wright	3:29.39		
4x800 Relay: Corner	8:36.29		

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AHSAA UPDATE

UMS-WRIGHT SWEEPS 4A BOYS AND GIRLS TENNIS TITLES

UMS-Wright High School's boys tennis team made history — again. The boys swept all six singles and all three doubles in the Class 4A tennis championships played at Lagoon Park April 29-30 for the second straight year.

Coach Rick Cleveland's squad didn't lose a set until the semifinals of the singles competition as the Bulldogs and Oneonta finished onetwo in the team race with 84 and 49 points respectively.

While records are sketchy outside No. 1 singles and team scoring through the years, it is certain that no team in state history has won back-to-back titles with complete sweeps — at least not in Class 4A.

UMS lost only two sets all tournament and outscored opponents 341-75 in games won. In singles they were 38-1 in sets won and were 16-1 in doubles sets won. Winning No. 1 singles was Haas Byrd of the Bulldogs.

The UMS-Wright girls also won the 4A girls title with five singles champs and three doubles winners.

Four boys and four girls teams were crowned state champions overall.

Final team results included:

AHSAA 2010 Tennis Champions

BOYS

6A: Mountain Brook, 82 points.

5A: Walker, 65 points.

4A: UMS-Wright, 84 points.

1A-3A: Altamont, 53 points

GIRLS

6A: Vestavia Hills, 80 points.

5A: St. Paul's, 60 points.

4A: UMS-Wright, 80 points.

1A-3A: Montgomery Academy, 65 points



McGill-Toolen's Jed Dyas returns a shot in quarterfinals of the Class 6A state tournament played at Mobile Tennis Center last week. Mountain Brook won the boys championship over runner-up Vestavia Hills, 82-58.

Photo By Dennis Victory, KDP Sports Photos

From The Records ...

MOST GIRLS STATE CHAMPIONSHIPS

- All-Time
 - 23 Mountain Brook, 1972-2008
 - 16 St. Paul's, 1985-2010
 - 8 Montgomery Academy, 1998-2010

MOST BOYS STATE CHAMPIONSHIPS All-Time

- 23 Mountain Brook, 1969-10
- 12 St. Paul's, 1980-09
- 11 UMS-Wright (UMS Prep, U.M.S.), 1968-2010
- 10 Sylacauga, 1948-98
- 9 Montgomery Academy, 1997-2007
- 8 Walker, 2000-10

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Soccer Final Four Kicks Off Busy Stretch Of AHSAA Spring Championship Events

The month of May means more state championship events as the AHSAA gears up for championships in four sports from May 7 through May 15.

Soccer kicks off the busy nine-day stretch with the State Tournament competition for boys and girls at the John Hunt Soccer Complex in Huntsville May 7-8. Semifinal games are set for Friday in three divisions, Class 1A-4A, Class 5A and Class 6A, with finals set for Saturday beginning at 9 a.m. (Class 1A-4A Girls and 5A Girls) and followed at 11 a.m. (Class 6A girls and 1A-4A Boys) and 1 p.m. (5A Boys and 6A Boys).

In addition to the soccer championships, four regional softball tournaments will be played at Huntsville, Vestavia Hills, Troy and Gulf Shores May 7-8 with the top two finishers in each of six classifications advancing to the State Softball Tournament at Montgomery's Lagoon Park, May 13-15.

Baseball teams head into semifinal play this weekend, May 7-9, at home sites with winners advancing to the State Championship Series in Montgomery Tuesday through Saturday, May 11-15. Games will be played at Paterson Field and Riverwalk Stadium.

The AHSAA state golf tournament will be held at the Robert Trent Jones' Hampton Cove Golf Course in Huntsville May 10-11. The State Decathlon and Heptathlon competition will also be held May 10-11 at Hoover High School.

South Softball Regional

May 7-8 at Gulf Shores **First-Round Pairings**

Class 1A

Pleasant Home vs. Ariton, (F3) 12:30 p.m. Butler County Magnet vs. Fruitdale, (F4) 12:30 p.m. McIntosh vs. J.U. Blacksher, (F5) 12:30 p.m. Brantley vs. Kinston, (F6) 12:30 p.m.

Class 2A

Houston Academy vs. Leroy, (F5) 11 a.m. Samson vs. Excel, (F6) 11 a.m. Flomaton vs. Elba, (F1) 12:30 p.m. Millry vs. G.W. Long, (F2) 12:30 p.m.

Class 3A

Luverne vs. Headland, (F1) 11 a.m. Slocomb vs. T.R. Miller, (F2) 11 a.m. Choctaw County vs. Geneva, (F3) 11 a.m. Abbeville vs. Straughn, (F4) 11 a.m.

Class 4A

Andalusia vs. Dallas County, (F3) 9:30 a.m. Ashford vs. UMS-Wright, (F4) 9:30 a.m. Jackson vs. St. James, (F5) 9:30 a.m. Greensboro vs. Thomasville, (F6) 9:30 a.m. Class 5A

Rehobeth vs. Greenville, (F5) 8 a.m. Gulf Shores vs. St. Paul's, (F6) 8 a.m. Faith Academy vs. Spanish Fort, (F1) 9:30 a.m. Monroe County vs. Eufaula, (F2) 9:30 a.m.

Class 6A

Robertsdale vs. Satsuma, (F1) 8 a.m. Murphy vs. Baker, (F2) 8 a.m. Alma Bryant vs. Mary Montgomery, (F3) 8 a.m. Daphne vs. Fairhope, (F4) 8 a.m.

South-Central Softball Regional May 7-8 at Troy Softball Complex **First-Round Pairings**

Class 1A

Edward Bell vs. Faith Christian, (F3) 12:30 p.m. Holy Spirit vs. Sweet Water, (F4) 12:30 p.m. Billingsley vs. Maplesville, (F5) 12:30 p.m. Fayetteville vs. Wadley, (F6) 12:30 p.m.

Class 2A

Pickens County vs. Clay County, (F5) 11 a.m. Thorsby vs. Goshen, (F6) 11 a.m. Zion Chapel vs. Isabella, (F1) 12:30 p.m. Horseshoe Bd vs. American Ch., (F2) 12:30 p.m.

Class 3A

B.B. Comer vs. Sumiton Christian, (F1) 11 a.m. Aliceville vs. Marbury, (F2) 11 a.m. Trinity vs. Gordo, (F3) 11 a.m. Cordova vs. Dadeville, (F4) 11 a.m.

Class 4A

Calera vs. Corner, (F3) 9:30 a.m. Childersburg vs. Alabama Chr., (F4) 9:30 a.m. Mont.-Catholic vs. Handley, (F5) 9:30 a.m. Oak Grove vs. Bibb County, (F6) 9:30 a.m. Class 5A

Sylacauga vs. Chelsea, (F5) 8 a.m. Valley vs. Chilton County, (F6) 8 a.m. Demopolis vs. Beauregard, (F1) 9:30 a.m. Shelby County vs. Moody, (F2) 9:30 a.m. Class 6A

Opelika vs. Benjamin Russell, (F1) 8 a.m. Lee-Montgomery vs. Northview, (F2) 8 a.m. Dothan vs. Prattville, (F3) 8 a.m. Wetumpka vs. Central-Phenix City, (F4) 8 a.m.

North-Central Softball Regional May 7-8 at Liberty Park, Vestavia **First-Round Pairings** Class 1A

Jacksonville Chr. vs. Spring Garden, (F3) 12:30 p.m. Parrish vs. Jefferson Christian, (F4) 12:30 p.m. Appalachian vs. South Lamar, (F5) 12:30 p.m. Gaylesville vs. Ragland, (F6) 12:30 p.m.

Class 2A

Sulligent vs. Sand Rock, (F5) 11 a.m. Woodland vs. Fultondale, (F6) 11 a.m. Vincent vs. Ranburne, (F1) 12:30 p.m. Geraldine vs. Oakman, (F2) 12:30 p.m.

Class 3A

Winfield vs. Good Hope, (F1) 11 a.m. Glencoe vs. Leeds, (F2) 11 a.m. Walter Wellborn vs. White Plains, (F3) 11 a.m. Vinemont vs. Carbon Hill, (F4) 11 a.m.

Class 4A

West Point vs. Cherokee County, (F3) 9:30 a.m. Oneonta vs. Saks, (F4) 9:30 a.m. Cleburne County vs. St. Clair County, (F5) 9:30 a.m. Alexandria vs. Haleyville, (F6) 9:30 a.m.

Class 5A

Springville vs. Cullman, (F5) 8 a.m. Wenonah vs. McAdory, (F6) 8 a.m. Brookwood vs. Parker, (F1) 9:30 a.m. Walker vs. Mortimer Jordan, (F2) 9:30 a.m. Class 6A

Minor vs. Vestavia Hills, (F1) 8 a.m. Thompson vs. Tuscaloosa County, (F2) 8 a.m. Hillcrest-Tuscaloosa vs. Hoover, (F3) 8 a.m. Mountain Brook vs. Hueytown, (F4) 8 a.m.

Softball, Soccer, Baseball Championship schedules

North Softball Regional

May 7-8, Huntsville

First-Round Pairings Class 1A

Belgreen vs. Waterloo, (F3) 12:30 p.m. Woodville vs. Lynn, (F4) 12:30 p.m. Brilliant vs. Athens Bible, (F5) 12:30 p.m. Covenant Christian vs. Tharptown, (F6) 12:30 p.m. Class 2A

Fyffe vs. Lexington, (F5) 11 a.m. Red Bay vs. Addison, (F6) 11 a.m. Falkville vs. Hatton, (F1) 12:30 p.m. Westminster vs. Ider, (F2) 12:30 p.m.

Class 3A

Madison Academy vs. Colbert Heights, (F1) 11 a.m. New Hope vs. Susan Moore, (F2) 11 a.m. Holly Pond vs. Pisgah, (F3) 11 a.m. Lauderdale County vs. Elkmont, (F4) 11 a.m. Class 4A

Ardmore vs. Central-Florence, (F3) 9:30 a.m. Plainview vs. Priceville, (F4) 9:30 a.m. Fairview vs. Guntersville, (F5) 9:30 a.m. Rogers vs. Lawrence County, (F6) 9:30 a.m. **Class 5A**

Athens vs. East Limestone, (F5) 8 a.m. Fort Payne vs. Albertville, (F6) 8 a.m. Southside-Gadsden vs. Scottsboro, (F1) 9:30 a.m. J.O. Johnson vs. Hartselle, (F2) 9:30 a.m. **Class 6A**

Bob Jones vs. Hazel Green, (F1) 8 a.m. Pinson Valley vs. Hewitt-Trussville, (F2) 8 a.m. Pell City vs. Clay-Chalkville, (F3) 8 a.m. Grissom vs. Sparkman, (F4) 8 a.m.

State Golf Championships May 10-11, Huntsville

Hampton Cove Golf Club

Highlands Course (Playing order each day) Class 6A Girls Class 1A-2A Boys Class 1A-5A Girls Class 3A Boys

River Course (Playing Order each day) Class 4A Boys Class 5A Boys Class 6A Boys

State Soccer Tournament

May 7-8 at John Hunt Soccer Complex, Huntsville

Friday's Schedule (May 7) Semifinal Pairings BOYS

CLASS IA-4A UMS-Wright vs. West Morgan, II a.m. Indian Springs vs. Randolph, II a.m.

CLASS 5A St. Paul's vs. John Carroll Catholic, 3 p.m.

Briarwood Christian vs. Cullman, 3 p.m.

CLASS 6A Fairhope vs. Hoover, 7 p.m. Auburn vs. Grissom, 7 p.m.

GIRLS

CLASS IA-4A UMS-Wright vs. Mars Hill Bible, 9 a.m. Indian Springs vs. Guntersville, 9 a.m. CLASS 5A

Spanish Fort vs. Arab, I p.m. Briarwood Christian vs. Athens, I p.m.

CLASS 6A Daphne vs. Spain Park, 5 p.m. Prattville vs. Grissom, 5 p.m.

Saturday's schedule (May 8)

Championship Pairings BOYS

CLASS 1A-4A Finals, Field 1, 11 a.m. CLASS 5A Finals, Field 1, 1 p.m. CLASS 6A Finals, Field 2, 1p.m. GIRLS CLASS 1A-4A Finals, Field 1, 9 a.m. CLASS 5A Finals, Field 2, 9 a.m. CLASS 6A Finals, Field 2, 11 a.m.

Baseball Semi-Final Pairings

(The best-of-3-games semi-final playoff series are scheduled May 7-8. Times are listed for Friday's doubleheader and Saturday's third game if needed.

Class 1A SOUTH BRACKET Holy Spirit (19-9) at Fayetteville (20-9), Friday, 4 and 6 p.m. (Sat. 1 p.m. if needed) NORTH BRACKET Shoals Christian (20-23) at Cedar Bluff (23-15), Friday, 4:30 and 7 p.m. (Sat. noon if needed)

Class 2A

SOUTH BRACKET Mobile Christian (22-10) at Leroy (33-4), Friday, 4 and 6 p.m. (Sat. 1 p.m. if needed) NORTH BRACKET Mars Hill Bible (29-9) at Lexington (35-12), Friday, 5 and 7 p.m. (Sat. noon if needed)

Class 3A

SOUTH BRACKET Dadeville (29-13) at Luverne (24-9), 4 and 6:30 p.m. (Sat. 1 p.m. if needed) NORTH BRACKET Madison Academy (35-11) at Winfield (20-9), Friday, 5 and 7 p.m. (Sat. 1 p.m. if needed)

Class 4A

SOUTH BRACKET UMS-Wright (29-6) at Alabama Christian (29-8), Montgomery, Friday, 5 and 7 p.m. (Sat. noon if needed) NORTH BRACKET Deshler (33-7) at Alexandria (20-16). Friday, 4:30 a

Deshler (33-7) at Alexandria (20-16), Friday, 4:30 and 7 p.m. (Sat. 1 p.m. if needed)

Class 5A

SOUTH BRACKET Charles Henderson (33-8) at Spanish Fort (28-10), Friday, 4 and 6:30 p.m. (Sat. 1 p.m. if needed) NORTH BRACKET Southside-Gadsden (32-8) at Hartselle (28-24), Friday, 5 and 7 p.m. (Sat. 3 p.m. if needed)

Class 6A

SOUTH BRACKET Fairhope (36-6) at (Auburn (28-9), Friday, 5 and 7:30 p.m. (Sat. noon if needed) NORTH BRACKET Hueytown (33-11) at Grissom (36-14), Huntsville, Friday, 4:30 and 7 p.m. (Sat. 3 p.m. if needed)

AHSAA RULE SPOTLIGHT (Rule III, Section 21 Summer Practice ...

Each month in the *AHSAA Update*, specific AHSAA rules and regulations are spotlighted to better inform our member schools.

This month, we are spotlighting the **Summer Practice Rule, w**hich falls under **Rule 111, Section 21.**

All rules and regulations can be found on line at www.ahsaa.com on the Handbook By-Laws Synopsis link. The rules and regulations are also printed each year in the AHSAA Handbook.

SECTION 21. SUMMER PRACTICE RULE: Coaches are allowed

to practice with their own students during the summer months (from the end of school until the starting practice date for

fall sports) and use drills to teach skills. Mandatory practices are prohibited until the starting practice date for fall sports.

No football equipment except hand-held blocking pads may be used until the starting date for fall practice.

Weight training and conditioning programs are not restricted.

It is the responsibility of each school to see that the Summer Practice Rule is not violated. Summer Practice Competition.

1. A school may participate in seven days of practice competition per sport during the time school is out until the first fall practice date (Aug. 2 in 2010). No interscholastic contest may be

scheduled on Sunday without prior approval of the Central Board of Control. This includes summer play.

Note: If a coach conducts more than seven days of practice competition, he/she could be restricted from coaching

that team the following school season.

2. Each student is allowed seven days of practice competition

per sport.

3. Coaches may coach their own school players in practice competition

4. Each day of practice competition in organized events (team camps, Sports Festival, etc.) will count toward the maximum seven days allowed.

5. All practice competition and team camps sponsored by AHSAA member schools must include only AHSAA member schools or schools from other NFHS affiliated state associations.

(All team camps hosted by colleges and other

outside organizations are excluded.)

Bylaws - Game Officials 49

6. Practice competitions between schools are deemed to be modified or practice contests under the jurisdiction of participating schools, therefore AHSAA-registered officials are not required and National Federation rules may not apply.

7. Each school should analyze the liability issues of its practice competition and act accordingly.

8. Admission may be charged to any practice competition under the direction of the school principal.

9. No practice competition involving coaches and players in grades 7-12 (including team camps) is allowed during All-Star Sports Week, a "dead week".

10. Helmets and handheld blocking pads are the only types of

protective equipment that may be used in any football practice

competition (includes team and individual camps).

















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IMPORTANT DATES

May I — School Sports Declarations Due

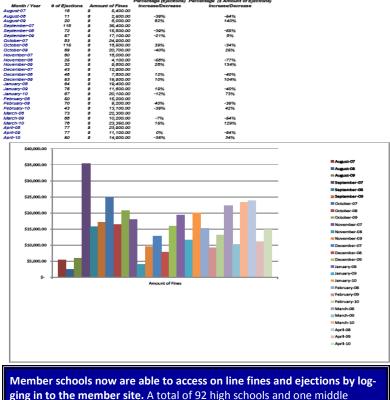
May 7-8 — State Soccer Championships, Huntsville May 7-8 — Regional Softball: Huntsville, Vestavia Hills, Troy, Gulf Shores

May 10-11 — State Golf Championships, Huntsville May 10-11 — State Decathlon, Heptathlon, Hoover

May 11-15 — State Baseball Championships, Montgomery

May 13-15 — State Softball Tourney, Montgomery July 12-16 — All-Star Sports Week, Huntsville





ging in to the member site. A total of 92 high schools and one middle school received fines or had ejections during April, according to the latest records compiled by the AHSAA. Ejections were down from April 2009 from 77 to 50, a total of 35 percent.

Childers, Fluker Named Top Bryant-Jordan Winners

Chase Childers of Piedmont High School and Leon Fluker of Foley High School were the overall winners at the 25th annual Bryant-Jordan Student Athlete Awards Banquet April 5 from among 96 regional honorees were recognized and awarded approximately \$800,000 in scholarships.

Childers was named the state's overall Scholar-Athlete Award as winner of the Larry D. Striplin Scholar-Athlete Award. Fluker was the state's overall Achievement Award winner and was presented the Betty Joy and Ken Blankenship Achievement Award. The program recognized 48 regional scholar-athlete winners, selected for their excellence in athletics and academics, and 48 achievement winners, chosen for their ability to overcome major obstacles during their high school careers.

It was announced that the overall Student Achievement Award will be named the Ken and Betty Joy Blankenship Achievement Award in honor of retiring Executive Director Dr. Kennith S. Blankenship and his wife, Betty Joy Blankenship, who served as the Executive Assistant.

The awards to the overall winner and the six class winners in each award category were presented at the banquet sponsored by the Bryant-Jordan Foundation in conjunction with the Alabama Sports Hall of Fame and the Alabama High School Athletic Association. All of the scholarships awarded may be used at the school of each recipient's choice.

Individual scholar-athlete class winners were: Class 1A: Peyton Moss, South Lamar (Millport); Class 2A: Palee Myrex, Cold Springs; Class 3A: Chase Childers, Piedmont; Class 4A: Garrett Taylor, St. Clair County (Odenville); Class 5A: Matthew Prevost, Walker (Jasper)

Class 6A: Rudolph Davis, Minor (Graysville).

Individual student achievement class winners were: Class 1A: Stephen Ryan Tyree, Berry (Fayette); Class 2A: Jerdarius "J.D." Williams, Clay County (Ashland); Class 3A: Dylan Pope, Brindlee Mountain; Class 4A: Heath Levon McCray, Ashford; Class 5A: Richard Dylan Parrish, Boaz; Class 6A: Leon Fluker. Foley.