

STUDENT AUDIT REQUIREMENTS

(All athletes must be submitted, including cheerleaders)



AHSAA Audit Checklist



Birth Certificate

Physical Evaluation Form

9th 10th 11th 12th

AHSAA Concussion History Form

9th 10th 11th 12th

Student Release Form

9th 10th 11th 12th

Star Sportsmanship

Birth Certificates

- No hospital birth certificates.
- Every student athlete must have one.
- Must be a birth certificate from the Bureau of Vital Statistics or Bureau of Health with an individual identification number for that particular person.
- Foreign exchange students may use a passport in lieu of a birth certificate.

STAR Sportsmanship

- Have a STAR certificate for each student or a STAR completion document from student search.
- No STAR Lists: Auditors have no clue what year the student took STAR or what name was used to register for STAR.
- Only one level of STAR now.

Pre-participation Physical Forms

- Must be signed by a Medical Doctor or Doctor of Osteopathy! Still have several CRNP, PA, or NP signing physicals.
- Check expiration date closely - crucial.
- Make sure physical shows CLEARED.
- Make sure physical is signed by parent and student.
- Make sure all physical forms are the 2010 revised form.

And

Concussion Forms

Required by State Legislature – it is the law!

The student and parent must print name and sign name.

Form must be completed annually – make sure you date the document.

ALABAMA HIGH SCHOOL ATHLETIC ASSOCIATION
Concussion Information Form
(Required by AHSAA Annually.)

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You cannot see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- | | |
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| <ul style="list-style-type: none">• Headaches• "Pressure in head"• Nausea or vomiting• Neck pain• Balance problems or dizziness• Blurred, double, or fuzzy vision• Sensitivity to light or noise• Feeling sluggish or slowed down• Feeling foggy or groggy• Drowsiness• Change in sleep patterns | <ul style="list-style-type: none">• Amnesia• "Don't feel right"• Fatigue or low energy• Sadness• Nervousness or anxiety• Irritability• More emotional• Confusion• Concentration or memory problems (forgetting game plays)• Repeating the same question/comment |
|--|--|

Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can't recall events prior to hit
- Can't recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

(Continued on Page 2)

AHSAA Form adapted in 2011 and revised in 2012.

AHSAA Concussion Information Form (Page 2)

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to a student-athlete's safety.

AHSAA Concussion Policy: Any student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from the contest and shall not return that day. Following the day the concussive symptoms occur, the student-athlete may return to practice or play only after a medical release has been issued by a medical doctor.

Any health care professional or AHSAA certified coach may identify concussive signs, symptoms or behaviors of a student athlete during any type of athletic activity. Once concussive signs are identified, only a medical doctor can clear an athlete to return to play. Any school in violation of the AHSAA policy application of the National Federation rule will be subject to sanctions.

If you think your child has suffered a concussion:

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity on the same day he/she sustained an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear. The athlete may return the following day or anytime thereafter with written clearance from a medical doctor. Close observation of the athlete should continue for several hours. You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

This form is required by Alabama Law established in June 2011 and revised in April 2012, coinciding with the AHSAA Concussion Policy in effect since 2009.

I have reviewed this information on concussions and am aware that a release by a medical doctor is required before a student may return to play under this policy.

Student-Athlete Name Printed

Student-Athlete Signature

Date

Parent Name Printed

Parent Signature

Date

AHSAA Form adapted in 2011 and revised in 2012.

AHSAA Release Form

FERPA Act requirement.

Student and parent must print and sign name.

Form must be completed annually – make sure you date the document.

AHSAA
ALABAMA HIGH SCHOOL ATHLETIC ASSOCIATION

Participant Agreement, Consent, And Release

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

Part 1. Student Agreement, Consent, And Release (to be signed by student at the bottom)
I know of no reason why I am not eligible to represent my school in interscholastic athletic competition. If accepted as a representative, I agree to follow the rules of my school and AHSAA and to abide by their decisions. I know that athletic participation is a privilege. I know of the risks involved in athletic participation and choose to accept such risks. I hereby authorize the use or disclosure of my individually identifiable health information should treatment for illness or injury become necessary. I hereby consent to the disclosure by my school to AHSAA, upon its request, and hereby grant AHSAA the right to review all records including my SSID number relevant to my athletic eligibility including, but not limited to, my records relating to enrollment and attendance, academic standing, age, discipline, residence and physical fitness. I hereby grant the released parties the right to photograph and/or videotape me and further to use my name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. The released parties, however, are under no obligation to exercise said rights herein.

Part 2. Parental/Guardian Agreement, Consent, And Release (to be completed and signed by a parent(s)/guardian(s) at the bottom; where divorced or separated, parent/guardian with legal custody must sign.)

A. I hereby give consent for my child/ward to participate in any AHSAA recognized or sanctioned sport **EXCEPT** for the following sport(s):

List sport(s) exceptions here

B. I know of, and acknowledge that my child/ward knows of, the risks involved in interscholastic athletic participation. I authorize emergency medical treatment for my child/ward should the need arise for such treatment while my child/ward is under the supervision of the school. I further hereby authorize the use or disclosure of my child's/ward's individually identifiable health information should treatment for illness or injury become necessary. I consent to the disclosure, by my child's/ward's school, to the AHSAA, upon its request, of all records relevant to his/her athletic eligibility including, but not limited to, his/her records relating to enrollment and attendance, academic standing, age, discipline, residence and physical fitness. I grant the released parties the right to photograph and/or videotape my child/ward and further to use said child's/ward's name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. The released parties, however, are under no obligation to exercise said rights herein.

C. I am aware of the potential danger of concussions and/or head and neck injuries in interscholastic athletics. I also have knowledge about the risk of continuing to participate once such an injury is sustained without proper medical clearance.

D. I agree that in the event I/we pursue litigation seeking injunctive relief or other legal action impacting my child (individually) or my child's team participation in AHSAA contests, such action shall be filed in the Montgomery County, Alabama, Circuit Court.

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE (Only one parent/guardian signature is required)

_____ Name of Parent/Guardian (printed)	_____ Signature of Parent/Guardian	____/____/____ Date
_____ Name of Parent/Guardian (printed)	_____ Signature of Parent/Guardian	____/____/____ Date

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE (student must sign)

_____ Name of Student (printed)	_____ Signature of Student	____/____/____ Date
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COACHING REQUIREMENTS



(All coaches should have CPR certification, Concussion Course and STAR

before touching the field/court/mat, etc.)

CPR Certification

- Must provide CPR documentation.

Concussion Course

- NFHS online course which is required for all coaches.
- Make sure a Concussion Course completion certificate is on file.
- Remind coaches to keep a copy of course certificate in case of a change of schools.

STAR Sportsmanship

- STAR completion certificate must be on file for each coach.
- Remind coaches to keep a copy of course certificate in case of a change of schools.

Coaching Principles Course

- NFHS course “Coaching Principles” certificate of completion document.
- Physical Education majors must provide a transcript with Coaching Principles course documentation. Highlight on transcript.

Sports First Aid – First Aid, Health and Safety for Coaches

- NFHS course “First Aid” certificate of completion document
- College transcript documentation must be provided if taken as a college course. Highlight on transcript.

SAMPLE

ELIGIBILITY REPORT

VARSITY BOYS SWIMMING & DIVING: FALL 2013

ID	NAME	OTG	GAVG8	8SEM/DE!	SRF	PHYS	AGE	CONC	GS	BC	GAVG10	STAR	GRD	ES
2-4-S1325		No	94	n/a	Yes	03/22/13	Pass	Yes	Yes	Yes	n/a	Yes	8th	✓
2015002		No	n/a	08/15/11	Yes	08/13/13	Pass	Yes	Yes	Yes	88	Yes	11th	✓
2016007		No	n/a	08/15/12	Yes	08/01/13	Pass	Yes	Yes	Yes	86	Yes	10th	✓
2016027		No	n/a	08/15/12	Yes	07/12/13	Pass	Yes	Yes	Yes	85	Yes	10th	✓
2015054		No	n/a	08/15/11	Yes	06/18/13	Pass	Yes	Yes	Yes	89	Yes	11th	✓
2-16-S1274		No	89	n/a	Yes	09/09/13	Pass	Yes	Yes	Yes	n/a	Yes	8th	✓
#08022		No	92	08/15/13	Yes	07/26/13	Pass	Yes	Yes	Yes	n/a	Yes	9th	✓
2014270		No	n/a	08/15/10	Yes	05/28/13	Pass	Yes	Yes	Yes	81	Yes	12th	✓
2015090		No	n/a	08/15/11	Yes	08/21/13	Pass	Yes	Yes	Yes	88	Yes	11th	✓
2014099		No	n/a	08/15/10	Yes	05/28/13	Pass	Yes	Yes	Yes	80	Yes	12th	✓
2015121		No	n/a	08/15/11	Yes	08/14/13	Pass	Yes	Yes	Yes	82	Yes	11th	✓
2-16-S628		No	96	08/15/13	Yes	04/18/13	Pass	Yes	Yes	Yes	n/a	Yes	9th	✓
2015194		No	n/a	08/15/11	Yes	08/20/13	Pass	Yes	Yes	Yes	73	Yes	11th	✓
2015201		No	n/a	08/15/11	Yes	08/16/13	Pass	Yes	Yes	Yes	92	Yes	11th	✓
2014201		No	n/a	08/15/10	Yes	08/13/13	Pass	Yes	Yes	Yes	90	Yes	12th	✓
2014227		No	n/a	08/15/10	Yes	05/08/13	Pass	Yes	Yes	Yes	87	Yes	12th	✓

